

RUSTIC TRAILS

hidden gems in southeast france



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About us

We both gave up our rather unfulfilling careers and moved to France to pursue our interests in walking, mountain biking, gardening and cooking. We love this region of France, it's totally unspoilt and off the tourist trail - not much English is spoken locally. For us, the mountains, the sunshine, and the wonderful food and wine make this a heaven on earth.

James

I gave up the dazzling excitement of accountancy, and have turned my hand to cooking and gardening, and when I get the time love mountain biking and walking.

Lorna

I trained as a chef, with a particular passion for puddings. I've done my fair share of travelling and combined this with my interest in walking. I'm especially proud of finishing the GR20, Corsica's wonderful but scary coast to coast walk.



Meet your guide, Philippe Stref

Philippe is 47 years old, a doctor of geology, qualified English speaking mountain guide and nordic ski patroller.

He has over 20 years walking and cycling experience, has travelled extensively across Africa, South America and Europe, and has worked in the Vercors National Park since 2002.

Philippe is a specialist in the geology and flora and fauna of the area. He will be very pleased to show you the best of the Drome and the Vercors, including, according to your own interests, rare and beautiful orchids, superb observation points for vultures and other birds of prey, the forgotten ruins of ancient hamlets and villages, and fine views with beautiful panoramas.

Philippe loves the area, and you will find his enthusiasm and passion infectious.

Bookings and enquiries : telephone 0845 680 0475 or e-mail: info@rustictrails.co.uk

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